

Optimizing Patient Care and Outcomes Using Expertise and Evidence

A meeting that combines the need for incorporating evidence-based medicine and expertise to enhance patient care. Come and find out the latest on complex fracture management, incorporating biologics into practice, sports medicine injury management and controversies in Orthopaedic Surgery. This year, renowned keynote speaker Michael Lee-Chin engages the audience in discussion strategies on how to invest in one’s career.

Overall Learning Objectives:

1. Develop strategies to read and assess the quality of available literature using evidence based principles.
2. Understand the role of biologics/new technologies in orthopaedic practice and how to introduce them into clinical practice.
3. Recognize manifestations of stress in clinical practice and its impact on performance.

Accreditation:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, and approved by the Canadian Orthopaedic Association. Each hour of attendance is equal to one (1) CME credit to a maximum of 11.3 credits.

Friday, November 8, 2019	
7:30 a.m. – 8:00 a.m.	Registration: Check-in
	Breakfast and Exhibit Hall Networking
8:00 a.m. – 8:10 a.m.	Welcome from the OOA President John Harrington
8:10 a.m. – 9:25 a.m.	OrthoEvidence: Pivotal Trials in Orthopaedics Mohit Bhandari
9:25 a.m. – 10:25 a.m.	Massive Rotator Cuff Tears in 2019: What to Do? Moderator: Bob Litchfield Partial Repair and Biceps Tenodesis

	<p>Timothy Leroux (Toronto)</p> <p>Tendon Transfers Work Patrick Henry (Toronto)</p> <p>Superior Capsule Reconstruction Bob Litchfield (London)</p> <p>Reverse Total Shoulder Arthroplasty J. Pollock (Ottawa)</p>
10:25 a.m. – 11:00 a.m.	Nutrition Break and Exhibit Hall Networking
11:00 a.m. – 12:00 p.m.	<p>Biologics in Orthopaedics: Fad or Here to Stay? Moderator: Jas Chahal</p> <p>What's the Evidence in 2019? Moin Khan (Hamilton)</p> <p>Do What Works Steroids/HA Ryan Degen (London)</p> <p>PRP Applications and Technique Darren De SA (Hamilton)</p> <p>Looking Beyond PRP Tim Dwyer (Toronto)</p> <p>Are We Changing the Natural History of Cartilage Wear Jas Chahal (Toronto)</p>
12:00 p.m. – 12:50 p.m.	Lunch and Exhibit Hall Networking
12:50 p.m. – 1:35 p.m.	<p>Optimizing Outcomes in Arthroplasty Moderator: Femi Ayeni</p> <p>Inpatient vs Outpatient THA: Is This Promoting Better Access? Brent Lanting (London)</p> <p>Press Fit vs. Cemented TKA: Where Do We Stand from Patient Perspective? Vickas Khanna (Hamilton)</p> <p>The Ideal Bearing Surface in THA: What Should We Be Using? Amit Atrey (Toronto)</p>

<p>1:35 p.m. – 2:20 p.m.</p>	<p>Management of the 45 Year Old with a Symptomatic Complex Medial Meniscus Tear/Varus/Mild OA Moderator: Devin Peterson</p> <p>Physiotherapy Can Help! Darryl Yardley (Hamilton)</p> <p>Consider the HTO Danny Whelan (Toronto)</p> <p>Scope It and Move On Moin Khan (Hamilton)</p> <p>Don't Forget about the UNI Replacement Gavin Wood (Kingston)</p>
<p>2:20 p.m. – 2:50 p.m.</p>	<p>Nutrition Break and Exhibit Hall Networking</p>
<p>2:50 p.m. – 4:00 p.m.</p>	<p>Challenging Cases in Upper and Lower Extremity Trauma, Expertise and Evidence Moderator: John Harrington</p> <p>Controversies in Ankle Fractures</p> <p>Direct Reduction and Fixation of the Posterior Malleolus Allan Liew (Ottawa)</p> <p>Percutaneous Reduction and Fixation of the Posterior Malleolus Jeremy Hall (Toronto)</p> <p><i>Audience Vote</i></p> <p>The Comminuted Intra Articular Distal Radius Fracture: What's the Evidence Definitive?</p> <p>ORIF: Volar Plating Is All You Need Herman Johal (Hamilton)</p> <p>Volar Plating Often Isn't Enough Aaron Nauth (Toronto)</p> <p><i>Audience Vote</i></p>

4:00 p.m. – 4:40 p.m.	<p>Advocacy in Orthopaedics Moderator: Femi Ayeni</p> <p>The COA’s Approach to Addressing the Employment Dilemma Mark Glazebrook (Montreal)</p> <p>How You Can Prevent Fractures by Supporting the Ontario Osteoporosis Strategy in Your Fracture Clinic Sarah Ward (Toronto)</p> <p>Innovative Shoulder Care in the Community Setting: What Is Possible Joel Lobo (Ajax)</p> <p>Internet of Things: Tips for the Orthopod Chris Raynor (Cornwall)</p>
4:40 p.m. – 5:45 p.m.	Annual Business Meeting / OOA Members’ Question Period
5:45 p.m. – 7:30 p.m.	Cocktail Reception: Delegate and Exhibitor Networking

Saturday, November 9, 2019

7:30 a.m. – 8:00 a.m.	Registration: Check-in Breakfast and Exhibit Hall Networking
8:00 a.m. – 8:10 a.m.	Welcome from the OOA President Jeremy Hall
8:10 a.m. – 9:10 a.m.	ACL Reconstruction: My Graft Choice and Why Moderator: Alan Getgood Quadriceps Tendon Darren de SA (Hamilton) Hamstrings Tendon Mike Pickell (Ottawa) Bone Tendon Bone David Bardana (Kingston) Think About Augmentation of Your ACL Reconstruction Alan Getgood (London)
9:10 a.m. – 10:10 a.m.	Case Based Discussion: Staying Out of Trouble Treating Pediatric Supracondylar Elbow Fractures Moderator: Sarah Burrow Keys to Making the Correct Diagnosis on X-Rays Sasha Carsen (Ottawa) Supracondylar Reduction & Pinning Tips Megan Cashin (London) When to Open and How Waleed Kishta (Hamilton)
10:10 a.m. – 11:10 a.m. Keynote Speaker	Wealth Creation, Simple Not Easy Michael Lee-Chin Moderator: Femi Ayeni

11:10 a.m. – 11:40 a.m.	Nutrition Break and Exhibit Hall Networking
11:40 a.m. – 12:10 p.m.	<p>The Vascular Surgeon and Plastic Surgeon in the Ortho OR: Know When to Call - A Word from Our Colleagues Moderator: Jeremy Hall</p> <p>Dangers in the OR: How to Plan and When to Call Adam Power (London)</p> <p>Plastic Surgeons in the OR: How to Plan and When to Call Chris Coroneos (Hamilton)</p>
12:10 p.m. – 12:45 p.m.	<p>OMA Update Sohail Gandhi</p>
12:45 p.m. – 1:00 p.m.	<p>Meeting Summary and Adjournment John Harrington</p>

This program has received an educational grant or in-kind support from the following:

Platinum:




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Exhibitors:







It's not just what **we make**.
It's what we make **possible**.

It's our promise to look beyond what's possible now
and discover what's possible next.

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Thanks to our alliance with the Ontario Orthopaedic Association, we'll continue to support physicians like you and the greater medical community.

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Our
mission

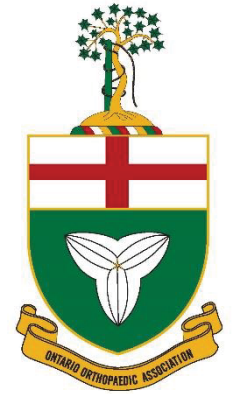


Together with our customers,
we are driven
to make healthcare better.

BECOME A MEMBER OF THE OOA!

Member Benefits:

Access to Orthopaedic job postings on the OOA members' website
Discounted rate for the valuable OOA Annual General Meeting
Eligible for award opportunities including the OOA Distinguished Service Award
Exclusive updates on the Ontario medical community
Ability to discuss your local issues and bring problems forward to your provincial leaders
Opportunities for Board and Committee involvement that may facilitate academic promotion/career advancement



Support your provincial leaders as they advocate for you. For example:

- Reviewing and endorsing provincial and national initiatives
- Advocating for Orthopaedics in the Canadian news media
- Contributing to research and collaborating with like-minded musculoskeletal health care groups
- Working with the Ministry of Health on Musculoskeletal Health Care Delivery
- Investing dollars to ensure proper remuneration for the hard work orthopaedic surgeons provides

The health care delivery model is always changing. As the biggest group of orthopaedic surgeons in Canada, many provinces look to our group for leadership on these models. Help us keep a strong voice of advocacy for Orthopaedic Surgeons!

Visit www.ooa.ca/Join-us to become a member today!



After a fragility fracture, your osteoporosis patient is 5 times more likely to suffer another fragility fracture within a year.¹

Reference: 1. van Geel TACM, et al. Clinical subsequent fractures cluster in time after first fractures. *Ann Rheum Dis* 2009;68:99-102.